



The Association for
Psychological Therapies



This is to certify that

Ruth Tarr

has completed the following 'online anytime' course (achieving the equivalent of **18 hours CPD**)

- DBT Essentials -

and passed the associated online exam on the following date, to receive
APT-Accreditation, Level 2*

15/01/2024

Signed: Dr William Davies,
Director of Applied Clinical Psychology

Integrated, evidence-based training that engages and inspires people

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*APT-Accreditation lasts for 3 years from the date you complete the training.